



MECCA LABS

MILK PRODUCT LIST

Nutritious milk products for daily health and wellness.



PREMIUM QUALITY



RICH NUTRITION



ESSENTIAL NUTRIENTS



DAILY ENERGY



QUALITY

TRUST

INNOVATION

CARE

TABLE OF CONTENTS

Product Catalogue Overview

01 Infant Milk Formula (with Prebiotics, FOS, GOS & Nucleotides)

Convenient oral formulations for effective and reliable healthcare support.

02 Infant Milk Formula (with Nucleotides)

Complete nutritional support for healthy infant growth and development.

03 Infant Lactose-Free Formula

Specially formulated nutritional support for infants with lactose intolerance.

04 Weight & Diabetes Management

Targeted nutritional support for healthy weight and blood sugar management.

05 Vitamins & Minerals

Essential nutritional support for overall health, wellness, and daily vitality.

06 Mother & Child Nutrition

Essential nutritional support for maternal health and healthy child development.

07 Baby Milk Cereals

Nutritious cereal-based formulations to support healthy growth and development.

08 Sports Nutrition

Targeted nutritional support to enhance energy, performance, strength, and recovery.

09 Fitness Pure Performance Series

Advanced nutrition designed to support strength, performance, endurance, and recovery.

01

INFANT MILK FORMULA (WITH PREBIOTICS, FOS, GOS & NUCLEOTIDES)

Advanced infant nutrition formulated across three growth stages, enriched with prebiotics and nucleotides.

NO.	NAME OF PRODUCT
A	MECOMIL — Stage 1 (up to 6 months)
B	MECOMIL+ — Stage 2 (6 to 12 months)
C	MECOMIL++ — Stage 3 (1 year to 3 years)

02

INFANT MILK FORMULA (WITH NUCLEOTIDES)

Two-stage infant formula range fortified with nucleotides for healthy early development.

NO.	NAME OF PRODUCT
A	Smart Baby — Stage 1
B	Smart Baby — Stage 2

03

INFANT LACTOSE-FREE FORMULA

A specialised lactose-free formula designed for infants with lactose sensitivity.

NO.	NAME OF PRODUCT
A	Health 1st L-Free

04

WEIGHT & DIABETES MANAGEMENT

Targeted nutritional powders supporting healthy weight and metabolic management.

NO.	NAME OF PRODUCT
A	Health 1st Slimming Formula
B	Health 1st Complete Fat Burner
C	Health 1st Diabetes – Cholesterol – Management Powder

05

VITAMINS & MINERALS

Broad-spectrum micronutrient and essential fatty acid supplementation for everyday wellness.

NO.	NAME OF PRODUCT
A	Health 1st Multivitamins
B	Health 1st Omega 3

06

MOTHER & CHILD NUTRITION

Dedicated nutritional formulations supporting maternal health and childhood growth.

NO.	NAME OF PRODUCT
A	Health 1st MECogold Mom
B	Health 1st ProMEC Junior

07

BABY MILK CEREALS

Wholesome wheat and rice-based cereal formulations for growing infants and toddlers.

WHEAT & WHEAT VARIANTS

NO.	NAME OF PRODUCT
A	Health 1st Wheat with Milk
B	Health 1st Wheat with Banana
C	Health 1st Wheat with Apple
D	Health 1st Wheat with Honey
E	Health 1st Wheat with Mixed Fruits (Banana, Apple, Pear, Orange)
F	Health 1st Wheat with Vegetables (Carrot, Tomato, Spinach, Peas)

RICE & RICE VARIANTS

NO.	NAME OF PRODUCT
A	Health 1st Rice with Milk
B	Health 1st Rice with Carrot
C	Health 1st Rice with No Milk
D	Health 1st Rice and Dal

08

SPORTS NUTRITION

High-performance protein, amino acid and pre-workout formulations for athletic training.

NO.	NAME OF PRODUCT
A	Health 1st Rapid 100% Whey Protein
B	Health 1st Powerful Whey Protein
C	Health 1st Golden Whey Protein
D	Health 1st Anabolic Weight Gainer
E	Health 1st Pro Weight Gainer
F	Health 1st Creatine Monohydrate 100%
G	Health 1st Complete Glutamine Powder
H	Health 1st Pre-Workout Complete Formula
I	Health 1st MECogold Whey Protein General

09

FITNESS PURE PERFORMANCE SERIES

A dedicated performance range of isolates, concentrates and single-ingredient formulations for serious athletes.

NO.	NAME OF PRODUCT
A	Health 1st 100% Grass-Fed Whey Protein Isolate
B	Health 1st 100% Whey Protein Concentrate
C	Health 1st 100% Micellar Casein
D	Health 1st 100% Soy Protein Isolate
E	Health 1st 100% Skimmed Milk Powder
F	Health 1st 100% BCAA 2:1:1 Aminos
G	Health 1st 100% Complete Carbs
H	Health 1st 100% Complete L-Arginine
I	Health 1st 100% Complete L-Taurine